



Pathway Assessment Blueprint

Personal Care Services



Test Code: 1238 / Version: 01

Specific Competencies and Skills Tested in this Assessment:

General Human Services Technical Skills

- Apply professional standards when interacting with clients, coworkers and public
- Display familiarity with human services-related terminology
- Employ organizational and planning skills to meet the needs of service recipients

Personal Care Services Technical Skills

- Identify appropriate methods - personal hygiene
- Identify appropriate methods - food preparation and eating
- Describe services associated with shopping, transporting, and housekeeping
- Identify methods of maintaining client integrity and independence

Academic Foundations

- Apply literacy skills in a human services career environment
- Apply mathematical skills in a human services career environment
- Apply science skills in a human services career environment

Systems

- Describe relationships, roles, and responsibilities among human service professionals
- Analyze impact on human services of technology, economy, and environment

Ethics and Legal Responsibilities

- Apply appropriate laws, regulations, and industry standards in human services situations
- Identify ethical issues and established ethical behavior in human services situations

Communications

- Communicate using appropriate language and level, including using appropriate techniques for communicating with special needs individuals
- Apply listening skills and interpret verbal and nonverbal behaviors to enhance communication with coworkers and the public
- Interpret and use tables, charts, and figures to support written and oral communication

Specific Competencies and Skills continued:

Information Technology Applications

- Use word processing, presentation software, and email applications
- Use spreadsheet and database applications

Problem Solving, Critical Thinking, and Decision Making

- Use problem solving and critical thinking skills to locate credible sources of information about problems and determine appropriate methods for investigating causes
- Use problem solving and critical thinking skills to determine root causes of problems and to suggest and evaluate solutions
- Demonstrate skills involving crisis intervention and management

Leadership and Teamwork

- Apply leadership qualities
- Work effectively in a team environment
- Implement strategies to promote advocacy

Safety, Health, and Environmental

- Identify and practice appropriate safety and health procedures
- Demonstrate appropriate emergency and first aid knowledge and procedures
- Identify and practice appropriate environmental procedures

Employability and Career Development

- Demonstrate appropriate workplace behavior
- Pursue career development skills to advance in careers

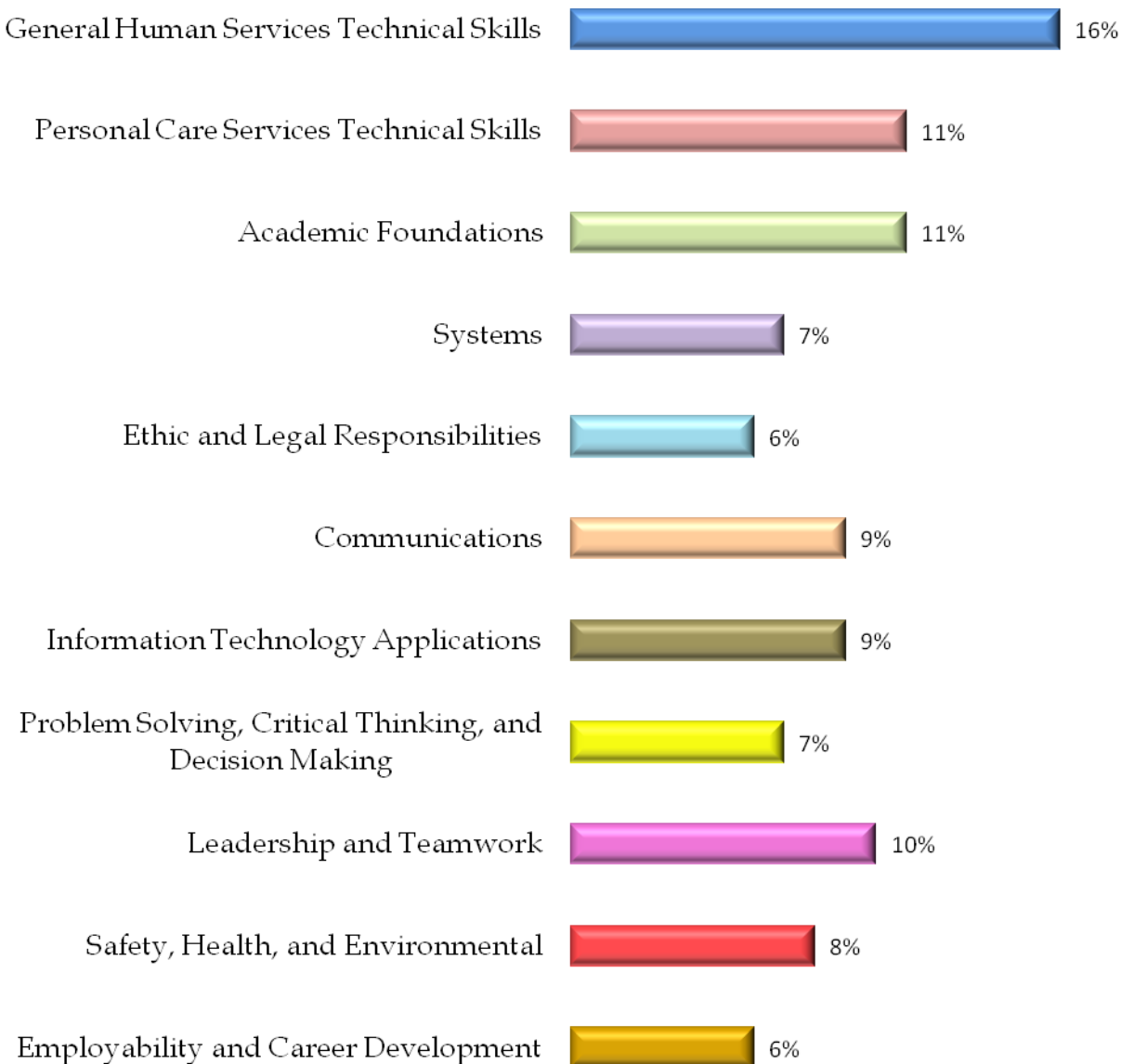


Written Assessment:

Administration Time: 2 hours

Number of Questions: 100

Areas Covered:



Sample Questions:

Helping clients return to their highest physical and mental function is

- A. holism
- B. psychology
- C. recovery
- D. rehabilitation

A low-cholesterol diet restricts or modifies _____ fat.

- A. saturated
- B. polyunsaturated
- C. unsaturated
- D. monounsaturated

Access to medical information has dramatically increased through use of

- A. the Internet
- B. textbooks
- C. MP3 technology
- D. databases

An example of body language that conveys interest in what a speaker is saying is

- A. repeatedly gazing over the speaker's shoulder
- B. crossing your arms
- C. stifling a yawn
- D. leaning forward slightly

For the safety of clients during home visits, human services professionals are required to

- A. undergo a criminal background check as part of the hiring process
- B. submit a blood sample as part of the hiring process
- C. undergo a complete physical and neurologic exam
- D. disclose confidential information about the client to strangers

When making a bed, place the soiled linen

- A. on the bedside table
- B. on the over-bed table
- C. in a laundry bag/basket
- D. on the floor

Sample Questions (continued)

Any personal information a client tells a caregiver in confidence should be

- A. kept confidential under all circumstances
- B. only shared with family and close friends
- C. discussed with other personnel outside of work hours
- D. shared with proper authorities when abuse is suspected

A person who is deaf might use _____ to assist with communication.

- A. color coding
- B. adjustable furniture
- C. visual supports
- D. Braille workbooks

For efficiency and organization, a worker should create _____ for his or her online work load.

- A. folders
- B. links
- C. web pages
- D. word documents

Participating in ongoing or continuing education classes is a good way to

- A. develop career skills
- B. assure a job promotion
- C. secure a salary increase
- D. impress the supervisor