

# Specific Competencies and Skills Tested in this Assessment:

## Safety and Sanitation

- Apply techniques to ensure client safety and protection
- Identify and demonstrate the three levels of decontamination/disinfection
- Identify concepts of salon-related ecology and bacteriology
- Demonstrate appropriate first-aid and workplace safety procedures
- Select and utilize appropriate Personal Protective Equipment (PPE) for specific tasks
- Display knowledge of SDS information and OSHA regulations

## **Scientific Concepts**

- Identify scientific components of hair and scalp
- Identify scientific components of nails
- Identify scientific components of skin
- Exhibit basic knowledge of histology, anatomy, and physiology
- Describe electrical safety regarding UV and other electrotherapy techniques

## Salon-Related Business Skills

- Demonstrate knowledge of pay scales and compensation plans
- Distinguish types of salon ownership and licensures
- Display professional client interactions and sales techniques
- Complete and maintain appropriate client and salon records

## **Physical Services**

- Apply knowledge of hair care (e.g., shampoos, conditioners)
- Apply knowledge of facial procedures, hair removal, and make-up services
- Demonstrate knowledge and application of manicuring services, including natural and artificial nail services
- Demonstrate knowledge and application of pedicuring services



## Specific Competencies and Skills continued:

### **Chemical Services**

- Apply knowledge and proficiency of hair coloring, including corrective coloring
- Apply knowledge and proficiency of hair lightening
- Apply knowledge and proficiency of chemical hair relaxing, permanent waving, and restructuring

## Hair Designing

- Apply knowledge and proficiency of various hair cutting or texturizing techniques (male and female)
- Apply knowledge and proficiency of various hair styling techniques, including base control (e.g., braiding, finger waving, pin curls)
- Apply understanding of hair enhancement methods and procedures (e.g., wigs, extensions, hair fusions)
- Apply knowledge and proficiency of various thermal techniques, including hair pressing, blow-drying, and flat ironing



## Written Assessment:

Administration Time:	3 hours
Number of Questions:	180

Areas Covered:



## Sample Questions:

Put waste materials, such as hair from combs and brushes,

- A. in a covered trash container
- B. in a corner
- C. in a waste basket
- D. in a neat pile

Proper hair care includes

- A shampooing hair every day
- B. scalp and hair cleansing
- C. using a moisturizing shampoo
- D. using a protein conditioner

In a chain salon, malpractice insurance is the responsibility of the

- A. landlord
- B. stockholder
- C. employee
- D. salon owner

Treat brittle nails and dry cuticles with a/an

- A. cuticle pusher
- B. hand massage
- C. extended soaking time
- D. oil manicure

When using a blow dryer, direct the air from the scalp to the

- A. crown area
- B. nape
- C. apex
- D. hair ends

A \_\_\_\_\_ haircut is an example of a 180-degree haircut.

- A. uniform
- B. graduated
- C. long-layered
- D. blunt

What is the chemical symbol for hydrogen peroxide?

- A.  $H_2O$
- $B. \ H_2O_2$
- $C. \ H_2O_3$
- $D. \ H_2O_4$

## Sample Questions (continued)

Successful lightening and coloring of the hair depends on hair

- A. density
- B. texture
- C. porosity
- D. elasticity

The chief sensory nerve of the face is the

- A. scalp
- B. trifacial
- C. optical
- D. sinus

If a stylist earns \$9.15 an hour and works 40 hours a week, the weekly salary would be

- A. \$266.00
- B. \$286.00
- C. \$366.00
- D. \$386.00

### Cosmetology

## **Performance** Assessment:

Administration Time: 3 hours Number of Jobs: 5

## Areas Covered:

#### 19% **90-Degree Haircut**

Participant will maintain cleanliness of materials

and implements, use appropriate draping, use correct haircutting techniques, texturize correctly, handle implements properly, and dispose of hair.

#### Blow Dry, Curl, and Press Hair 19%

Participant will maintain cleanliness of materials and implements, use appropriate draping, blow-dry the hair, use correct flat iron or Marcel iron technique, and leave workstation in a clean and orderly condition.

#### 29% **Chemical Applications**

Participant will maintain cleanliness of materials and implements, use appropriate draping for chemical service, section hair correctly, wear protective gloves, use correct retouch, foil highlight, first-time relaxer and permanent waving techniques, and leave workstation in a clean and orderly condition.

#### 16% Manicure

Participant will sanitize hands, table, and mannequin's hands, maintain cleanliness of materials and implements, use correct manicure technique, and leave workstation in a clean and orderly condition.

#### 17% Facial

Participant will sanitize table and hands, maintain cleanliness of materials and implements, use appropriate draping and proper facial technique, and leave workstation in a clean and orderly condition.



Sample Job:	Manicure
Maximum Time:	20 minutes
Participant Activity:	The participant will sanitize a manicure table and arrange supplies and implements, perform a full manicure including a hand massage, remove excess cream from nails, and polish nails with 1 base coat, 2 coats of dark polish, and 1 top coat.



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