

Entry Level Assessment Blueprint

Cosmetology



Specific Competencies and Skills Tested in this Assessment:

Safety and Sanitation

- Apply techniques to ensure client safety and protection throughout all services
- Identify and demonstrate the three levels of decontamination and disinfection
- Identify concepts of salon-related ecology and bacteriology
- Demonstrate appropriate first-aid, workplace safety procedures, and universal precautions
- Select and utilize appropriate Personal Protective Equipment (PPE) for specific tasks
- Display knowledge of SDS information and OSHA regulations



Scientific Concepts

- Identify scientific components of hair and scalp
- Identify scientific components of nails
- Identify scientific components of skin
- Exhibit basic knowledge of histology, anatomy, and physiology
- Describe electrical safety and electrotherapy techniques

Salon-Related Business Skills

- Demonstrate knowledge of pay scales and compensation plans
- Distinguish types of salon ownership and licensures
- Display professional client interactions and sales techniques
- Complete and maintain appropriate client and salon records

Physical Services

- Apply knowledge of hair care products (e.g., shampoos, facial cleansers)
- Apply knowledge of facial procedures, manipulations, skin analysis, hair removal, and make-up services
- Demonstrate knowledge and application of manicuring services, including natural and artificial nails
- Demonstrate knowledge and application of pedicuring services

Specific Competencies and Skills continued:

Chemical Services

- Apply knowledge and proficiency of hair coloring, including corrective coloring and color formulation
- Apply knowledge and proficiency of hair lightening
- Apply knowledge and proficiency of chemical hair relaxing, permanent waving, and restructuring

Hair Designing

- Apply knowledge and proficiency of various hair cutting or texturizing tools techniques (e.g., clipping)
- Apply knowledge and proficiency of various hair styling techniques, including base control (e.g., braiding, finger waving, pin curls)
- Apply understanding of hair enhancement methods and procedures (e.g., wigs, extensions, hair fusions)
- Apply knowledge and proficiency of various thermal tools and techniques (e.g., blow-drying, hair pressing, flat ironing, curling iron).

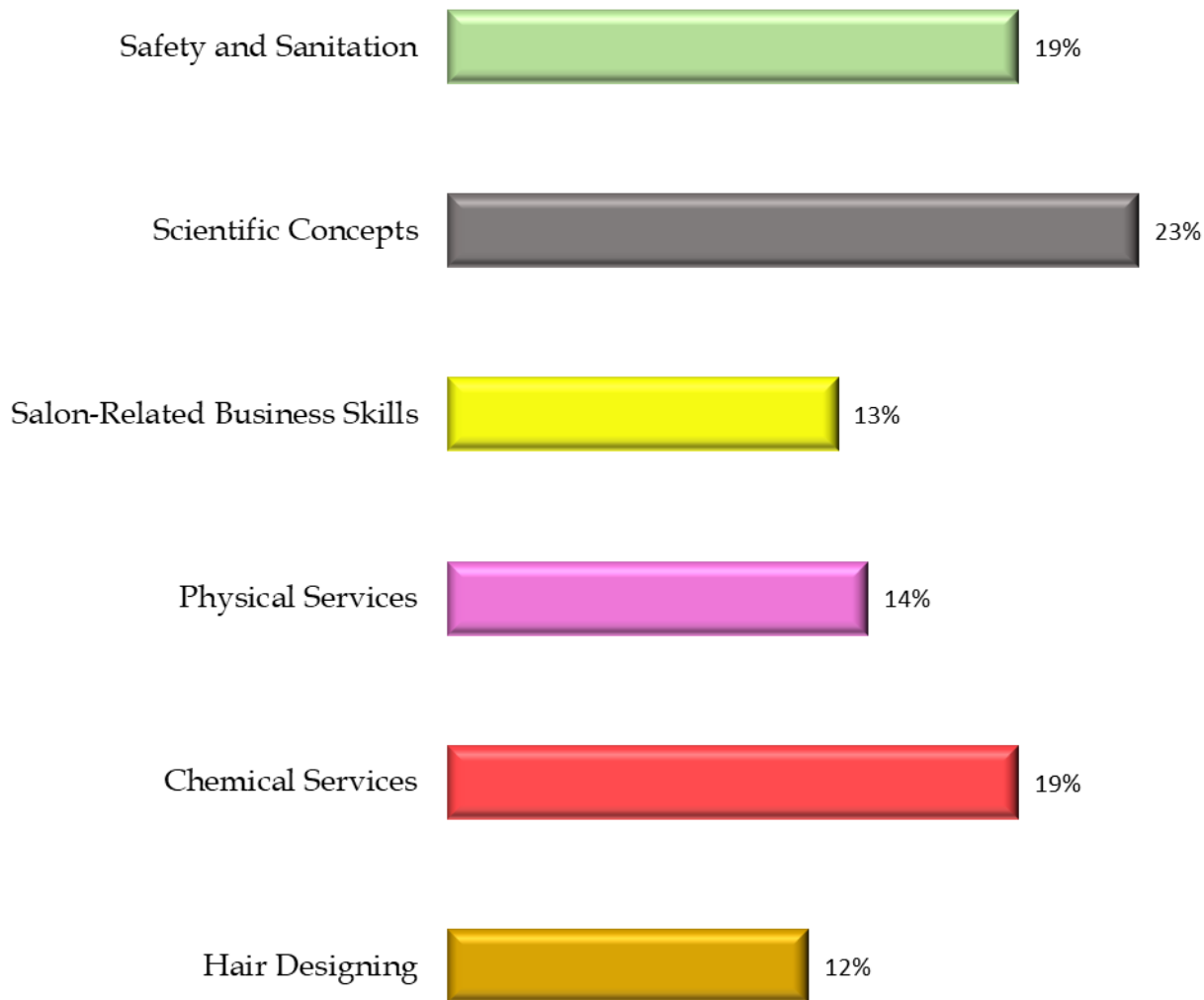


Written Assessment:

Administration Time: 3 hours

Number of Questions: 176

Areas Covered:



Sample Questions:

Disinfectant solution should be left overnight in a foot spa

- A. on a weekly basis
- B. at the end of the day
- C. every two weeks
- D. on a monthly basis

Bloodborne pathogens can be spread by

- A. using hot wax on body hair
- B. tweezing when the skin is broken
- C. cutting the hair when it is dry
- D. hugging the client after the service

The technical term for bitten nails is

- A. onycholysis
- B. onychophagy
- C. leukonychia
- D. paronychia

What part of the nail structure provides nourishment to the nail?

- A. hyponychium
- B. matrix
- C. cuticle
- D. nail plate

In a salon, the percentage of stylists' earnings that are calculated according to their sales is known as

- A. commission
- B. tips
- C. salary
- D. retail

Moisturizers for facials are mixes of humectants and

- A. emollients
- B. exfoliants
- C. sunscreen
- D. masks

Temporary hair removal techniques include tweezing, waxing, shaving, and

- A. electrolysis
- B. hirsuties
- C. thermolysis
- D. depilatories

Sample Questions (Continued):

Demi-permanent and semi-permanent hair colors

- A. are self-penetrating
- B. are deposit only
- C. contain certified colors
- D. contain ammonium thioglycolic acid

The process of removing natural pigment from the hair is referred to as

- A. decolorization
- B. drabbing
- C. toning
- D. tinting

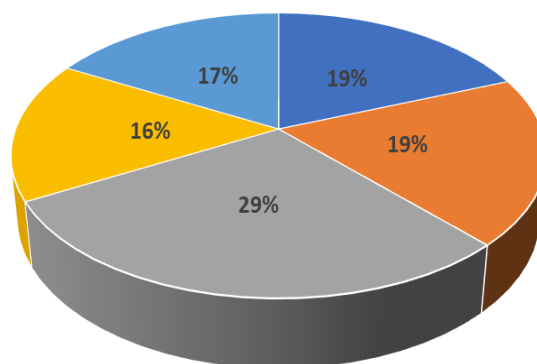
Maintaining consistent tension during a haircut ensures

- A. cutting an inch of hair
- B. an even haircut
- C. no split ends
- D. that hair stays wet

Performance Assessment:

Administration Time: 3 hours

Number of Jobs: 5

**Areas Covered:****19% 90-Degree Haircut**

Participant will drape mannequin properly, section and secure hair, perform a 90-degree blended layer cut, demonstrate appropriate use of shears, razor, and leave the workstation in a clean, orderly condition.

19% Blow Dry, Curl, and Press Hair

Participant will properly drape the mannequin, perform a blow-dry service with round brush, section hair, perform pressing comb or flat iron to back section, use marcel iron to perform thermal curl, and leave the workstation in a clean, orderly condition.

29% Chemical Applications

Participant will properly drape the mannequin, section the entire head, complete a mock color retouch, six foil highlights, complete a virgin chemical relaxer, wrap one section with permanent wave rods, and leave the workstation in a clean, orderly condition.

16% Manicure

Participant will sanitize a manicure table and arrange supplies and implements, perform a full manicure and hand massage on one hand, and leave the workstation in a clean, orderly condition.

17% Facial

Participant will properly drape mannequin, demonstration application and removal of cleansing cream, demonstrate three massage manipulations and application and removal of massage cream. Leave the workstation in a clean, orderly condition.

Sample Job: Manicure

Maximum Time: 20 minutes

Participant Activity: The participant will sanitize a manicure table and arrange supplies and implements, perform a full manicure on one hand including a hand massage, remove excess cream from nails, and polish nails with 1 base coat, 2 coats of dark polish, and 1 top coat, and leave the workstation in a clean and orderly condition.

